

# OCCUPATIONAL HEALTH PROBLEMS IN THE GROUP OF FARMERS AND FARMWORKERS

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## OBJECTIVES

Farmers and farmworkers are vulnerable to various **health problems** due to their **occupational exposure to safety, health, environmental, biological, and respiratory hazards**. In the present study, we examined the psychosocial and health conditions of farmers and farmworkers, from their perspectives.

## METHODE

We conducted a complex analysis of socio-demographic and health conditions in the group of farmers and farmworkers. A self-assessment questionnaire was developed to analyse the occupational health problems of farmers and farmworkers. Participants were asked to describe their health problems and well-being the last 12 months.

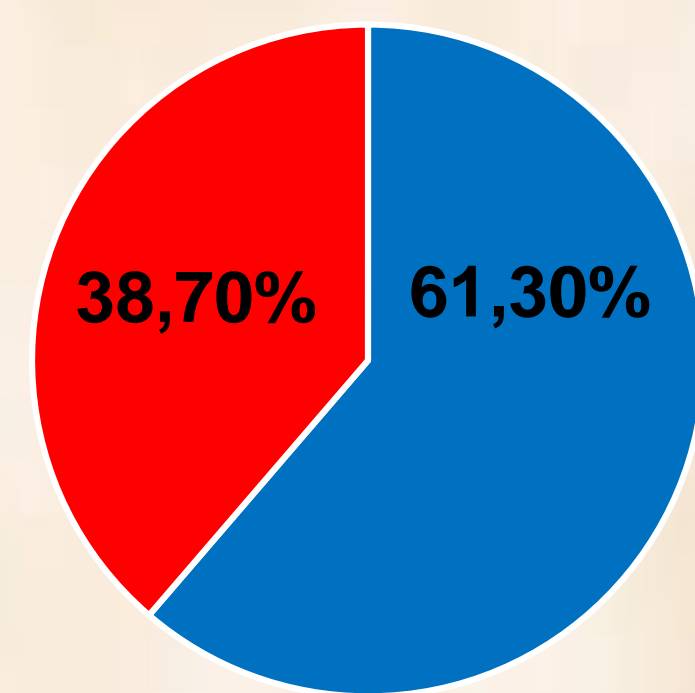


The survey was conducted from **May to December 2021**.

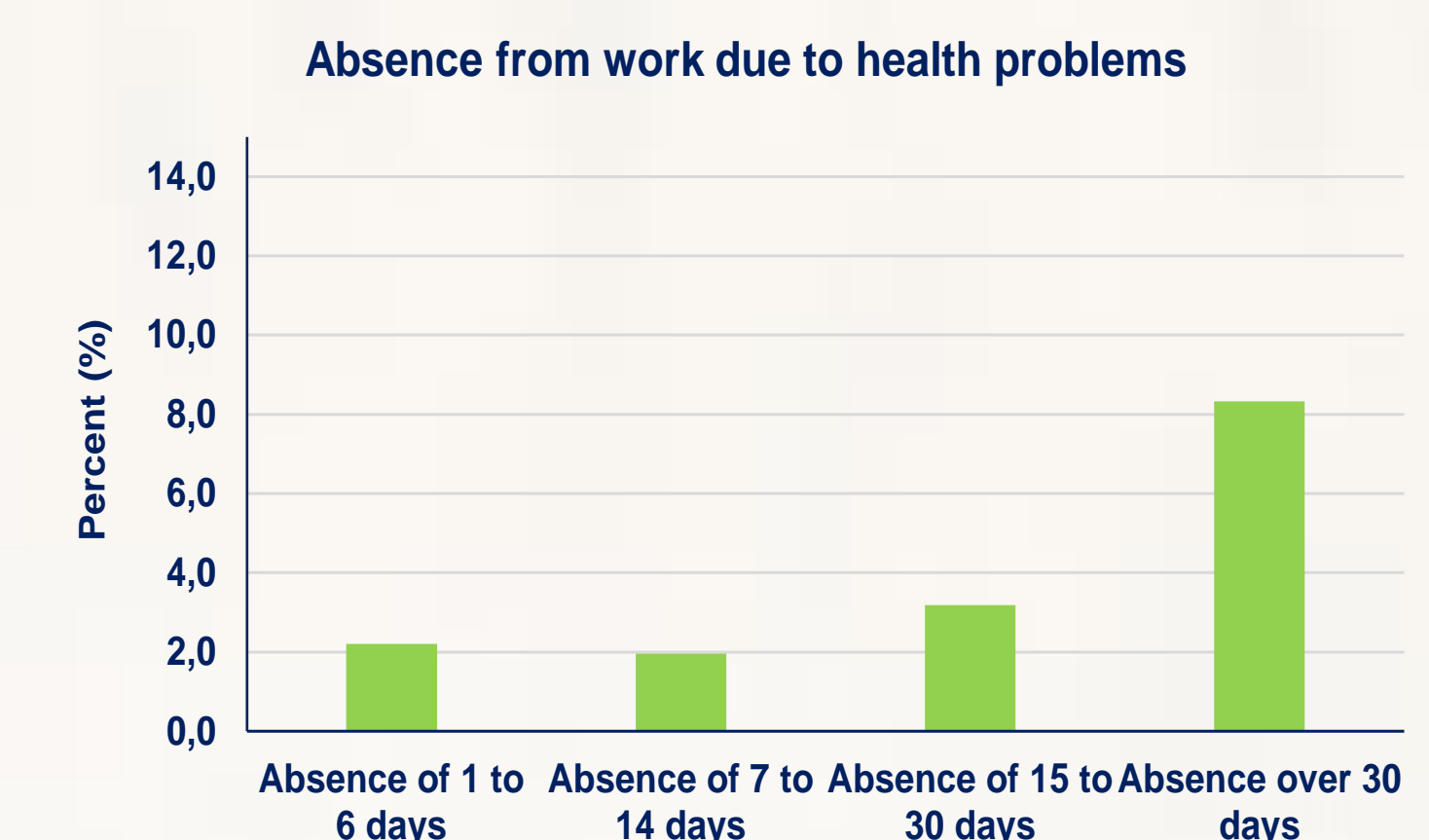
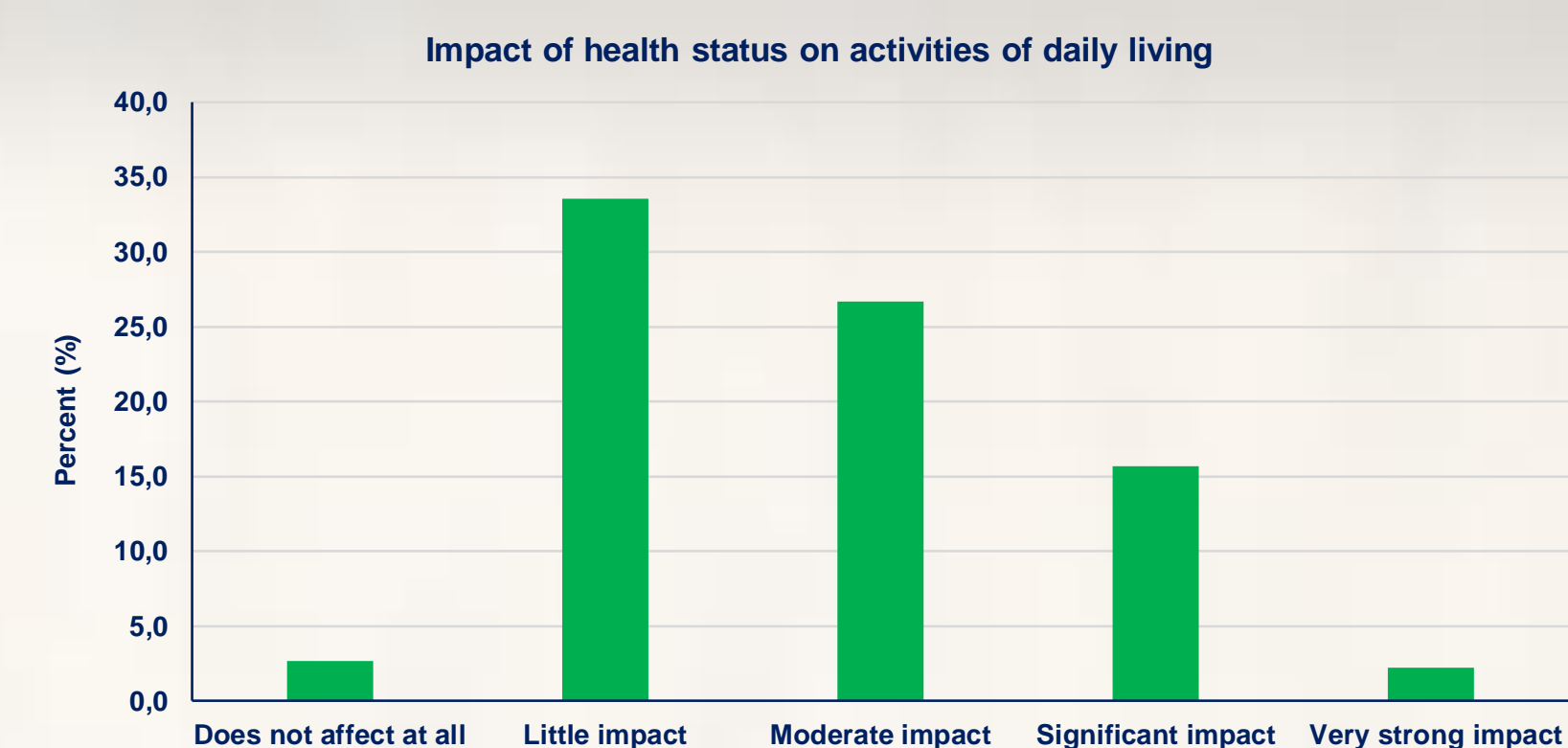
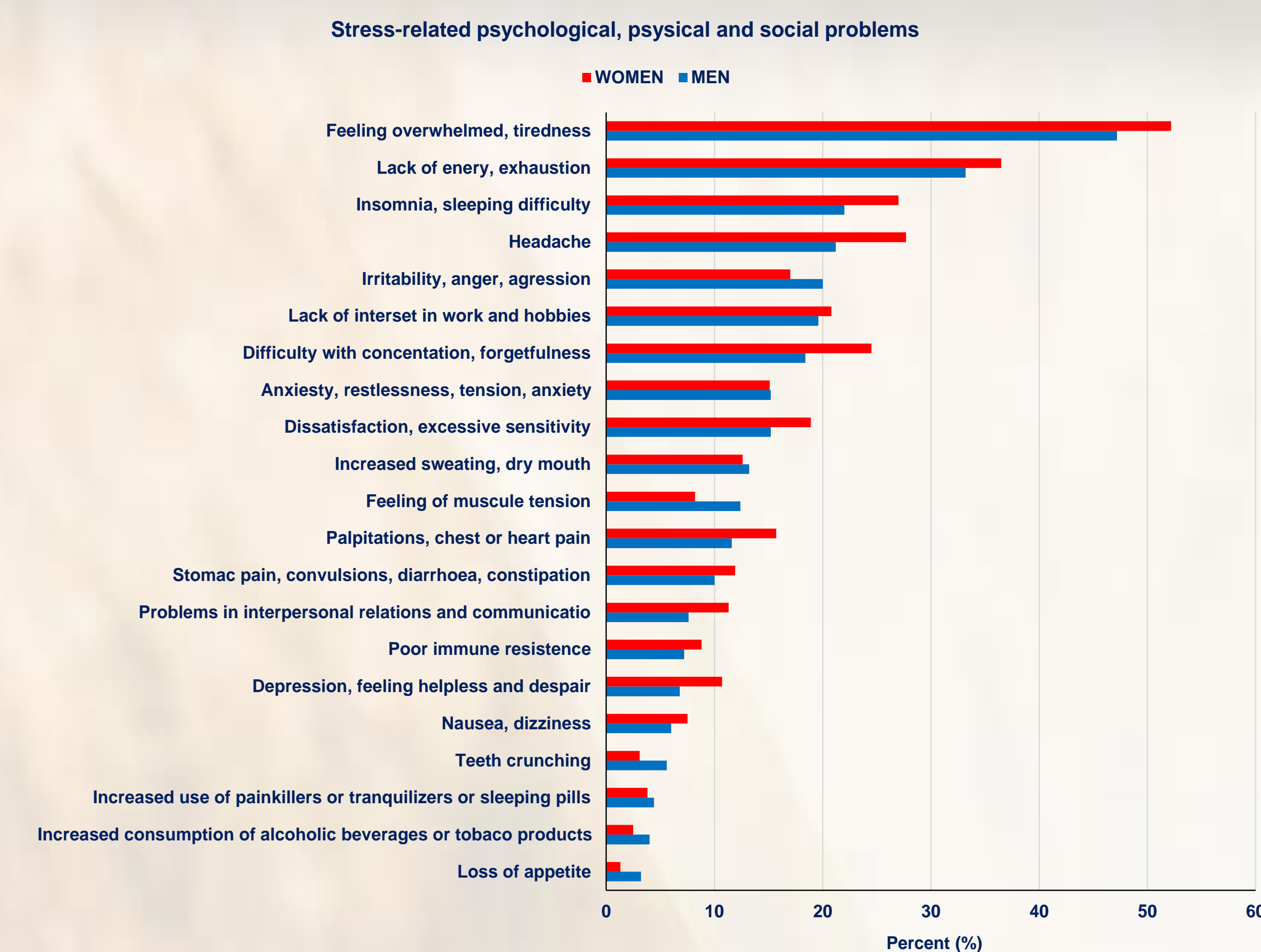
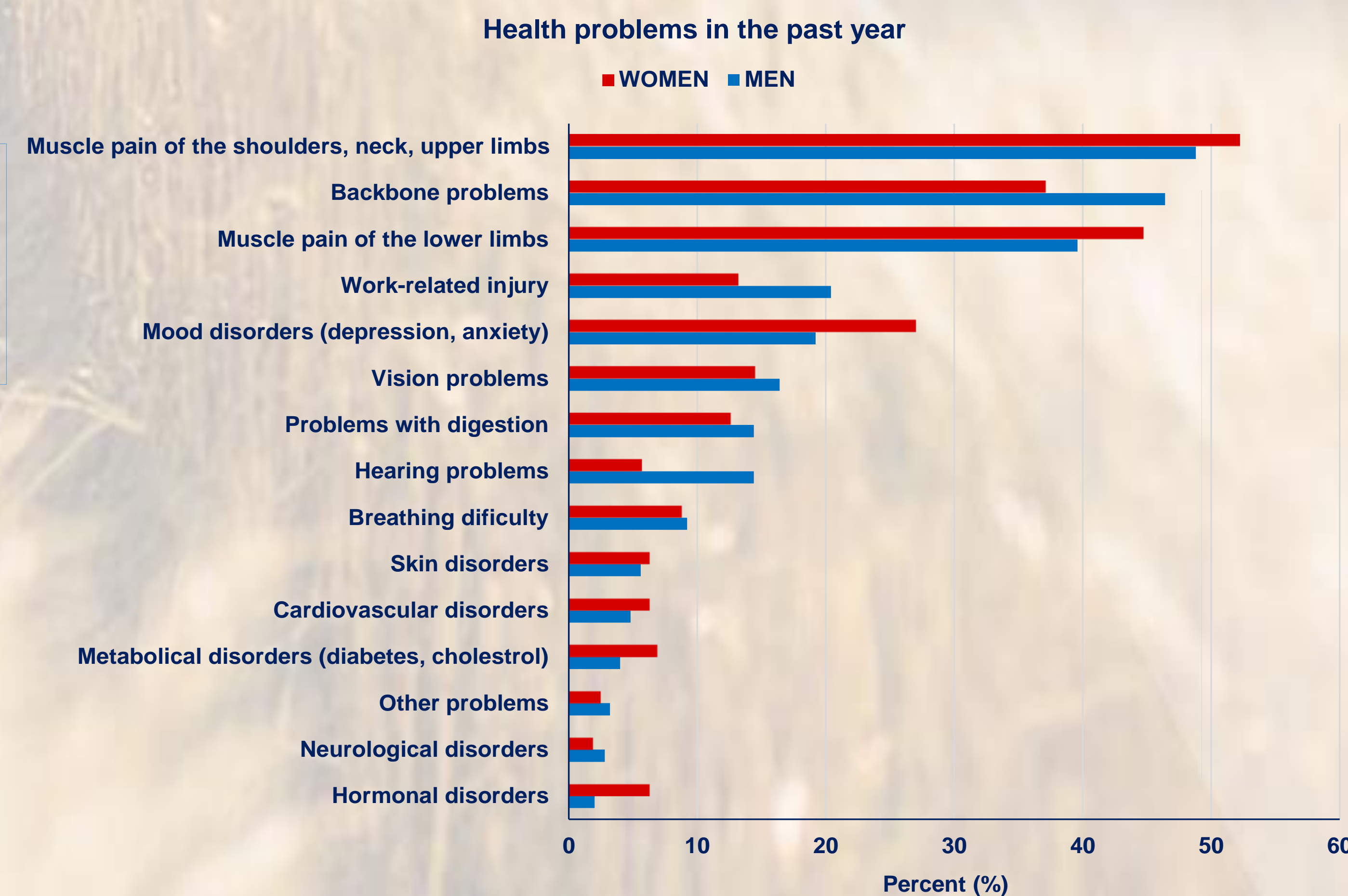
## RESULTS

### PARTICIPANTS N = 408

The **51- to 65-year-old group** dominated (33%).  
**24% of the participants had secondary school education and 28% had tertiary education.**



■ MEN ■ WOMEN



**60% of participants were satisfied or very satisfied with their state of health.**

## CONCLUSION

Despite serious health problems and excessive stress, many **farmers and farmworkers** tend to **deny** their **health problems** and do not seek help, which can lead to a deterioration of their mental, physical, and social health.

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